



Issues of Women Returning from Combat

Wilmington	January 29
Asheville	March 24
Greensboro	March 31
Rocky Mount	April 19
Fayetteville	April 22
Raleigh	May 6
Winston-Salem	May 14
Greenville	May 27
Charlotte	June 2

Program Description:

Women military service members returning from deployment to the wars in Iraq and Afghanistan face gender-specific readjustment issues as they transition back to their local communities. This full-day workshop will provide an overview of the health/mental health concerns of women veterans within the context of military culture, gender-specific roles, available support resources and effective treatments.

Objectives: Upon completion of this workshop, participants should be able to:

1. Explain the history of women in combat and the scope of the problem
2. Describe the importance of military culture
3. Identify psychological issues unique to women returning from combat
4. Recognize child development issues for women returning from combat
5. Discuss gender specific treatments
6. Describe mental health care resources including Tricare insurance

Agenda:	0830	Registration
	0900	Scope of the problem
	0920	Military culture
	0950	Issues unique to women
	1030	Break
	1045	Unique issues (continued)
	1115	Boots on the ground
	1215	Lunch – provided
	1300	Tricare
	1330	Child development and family issues/roles
	1430	Break
	1445	Gender specific treatments
	1530	Call to action
	1600	Adjourn

Credit:

- Contact Hours 5.75
- Category A NC Psychology Credit: This program will provide 5.75 contact hours of (Category A) continuing education for North Carolina Psychologists. No partial credit will be given.
- National Board for Certified Counselors Credit 5.75 (NBCC) hours: SEAHEC is recognized by the National Board for Certified Counselors to offer continuing Education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines (Provider #5597).
- 5.75 Hours Substance Abuse General Skill Building Credit

Speakers:

Harold Kudler, MD

Dr. Kudler is Associate Clinical Professor in the Department of Psychiatry and Behavioral Sciences at Duke and the Mental Health Coordinator for Veterans Integrated Service Network (VISN), Number 6. In this capacity, he manages the Mental Health Service Line for eight VA Medical Centers and their outlying facilities across 3 states. Dr. Kudler's expertise in PTSD stems from clinical and research work with combat veterans, ex-prisoners of war, survivors of other traumatic events, and their families. Dr. Kudler was the founding Chairperson of the PTSD Practice Guidelines Task Force of the International Society for Traumatic Stress Studies (ISTSS) and was first author of that task force's Treatment Guideline for the Psychodynamic Treatment of PTSD

Elizabeth Marks

Ms. Marks is currently a student at the UNC Chapel Hill School of Social Work, anticipating graduating with an MSW in May and pursuing clinical work with veterans, service members, and their families. A 2002 graduate of the United States Naval Academy, she completed three sea deployments to the Arabian Gulf and throughout the Pacific. She also spent nine months in Baghdad, Iraq in 2007 as a Counter Improvised Explosive Device (IED) Officer for an Army Field Artillery battalion in support of Operation Iraqi Freedom (OIF).

Lt. CDR. Erin Simmons, PhD

Dr. Simmons is currently the staff psychologist and program director for the Intensive Outpatient PTSD program at the US Naval Hospital at Marine Corps Base Camp Lejeune. She has been stationed at Camp Pendleton, CA and Camp Fallujah, Iraq. Dr. Simmons has received numerous military awards including the Global War on Terrorism Expeditionary Medal with Eagle, Globe and Anchor; and the Global War on Terrorism Service Medal. She is a member of many professional organizations including the American Psychological Association, the Society for Psychotherapy Research and the International Institute for the Study of Traumatic Stress.

Kristy Straits-Troster, PhD, ABPP

Dr. Straits-Troster is an Assistant Professor in the Department of Psychiatry and Behavioral Sciences at Duke University as well as Assistant Clinical Director of the VA Mid-Atlantic Region's Mental Illness Research, Education and Clinical Center (MIRECC) based in Durham, NC and focused on post-deployment readjustment and mental health. Her clinical and research experience includes PTSD treatment, and prevention of chronic illness. Dr. Straits-Troster is currently conducting a Department of Defense-funded study on implementation of a multi-family group intervention for veterans with traumatic brain injury and their families.

Target Audience: Psychologists, therapists, counselors, social workers, substance abuse counselors, marriage and family therapists, psychiatric nurses, case managers, clergy, child care coordinators, school personnel, other healthcare professionals who provide services to female service members and their families.

The 9 sites of the NC AHEC Program

Sponsored by:

Citizen Soldier Support Program (CSSP)
The Odum Institute for Research in Social Science
UNC Chapel Hill
Chapel Hill, NC

Mental Health Association of North Carolina
Raleigh, NC

Supported by:

Veterans Integrated Service Network (VISN-6)
Mental Illness Research, Education and Clinical
Center (MIRECC)
Durham, NC

North Carolina Division Mental Health,
Developmental Disabilities, Substance Abuse
Services
Raleigh, NC

REGISTRATION INFORMATION

The registration fee is \$50 which includes the cost of credit, instruction, program materials and refreshments. PLEASE NOTE: SEAHEC requires payment at time of registration. You may pay by cash, check, or credit card. If you cannot attend, you must notify us in writing at least two (2) business days prior to the program. You have 3 options: Send a substitute; receive a voucher for the full registration fee, which can be used for future programs up to one year from the program date; or receive a refund minus 30% administrative fee. If you register, do not cancel and do not attend, there is no refund.



For special services, assistance or information call SEAHEC at (910) 667-9330

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Registration fee: \$50

Complete the registration form entirely and mail it with your payment to:

SEAHEC, ATTN: Registration
2511 Delaney Avenue
Wilmington, NC 28403

Or fax the form with your credit card information to: 910-667-9343

For online registration: www.seahec.net and click on "Course Catalog and Online Registration"

Check the program you wish to attend:

<input type="checkbox"/>	Wilmington	January 29
<input type="checkbox"/>	Asheville	March 24
<input type="checkbox"/>	Greensboro	March 31
<input type="checkbox"/>	Rocky Mount	April 19
<input type="checkbox"/>	Fayetteville	April 22
<input type="checkbox"/>	Raleigh	May 6
<input type="checkbox"/>	Winston-Salem	May 14
<input type="checkbox"/>	Greenville	May 27
<input type="checkbox"/>	Charlotte	June 2

Name: _____ SS# (last 4 digits) _____

Degree (RN, BS, etc.) _____ Occupation: _____

Home Phone: _____ Office Phone: _____ Ext _____

Send program information to () Home () Office

Office email: _____ Home email: _____

Send email to () Office () Home

Workplace: _____

Title/Department: _____

Work Address: _____

City: _____ State: _____ Zip code: _____ Work County: _____

Home Address: _____

City: _____ State: _____ Zip code: _____ Home County: _____

Please indicate type of credit:

Contact Hours

Psychology Cat A Credit

NBCC

Substance Abuse GSB

Please check the appropriate box:

Payment by check made payable to SEAHEC _____

Bill my VISA _____ MasterCard _____

Account number _____ Expiration date: _____

Signature: _____

Print name as shown on card: _____